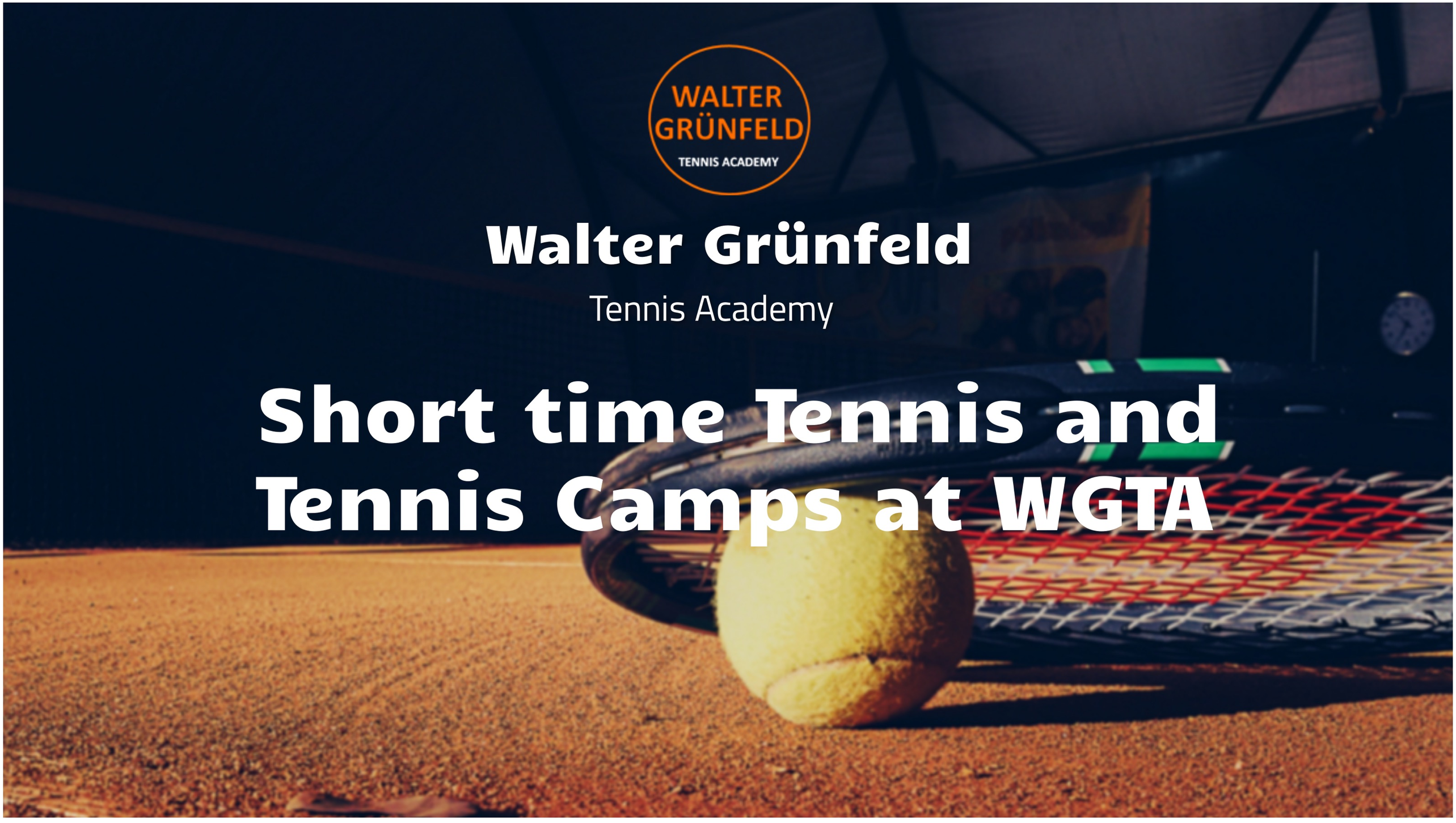


WALTER GRÜNFELD
TENNIS ACADEMY

Walter Grünfeld

Tennis Academy

Short time Tennis and Tennis Camps at WGTA

SHORT TIME TENNIS AT WALTER GRÜNFELD TENNIS ACADEMY

WALTER GRÜNFELD TENNIS ACADEMY (WGTA) is a tool designed to organize Tennis camps for Spanish and foreign children and adults, throughout the year, so that they have the opportunity to live a great experience surrounded by their favourite sport in a spectacular setting.

Due to our location in Barcelona (Spain), a city that breathes sport and that has been dedicated to sports activity for decades, we can offer a wide range of Tennis programs that fit the needs of each group that visits us, all with a climate and privileged temperatures throughout the year.

In WGTA we have different Tennis programs including the necessary equipment, accommodation, maintenance, daily and occasional transportation and a complete international medical coverage, so that groups that rely on our work do not have to worry about anything, except to spend a pleasant stay among us.

All Tennis programs are adapted to each group, according to age and level of skill and are taught by qualified professionals with extensive experience, who help children and young players to develop physically and humanly through sports, promoting values such as respect, education, effort, discipline, ability to overcome, order, punctuality, coexistence and fellowship.

It shares with WGTA the integral formation of the person through our passion for sport.

TENNIS ACADEMY PHILOSOPHY AND TRAINING PLAN

The Tennis Academy offers a short time training program for players who want to take their game to the next level but who do not have the time to train like a full time player. The short time players can be at any level starting from the age of 10 or 12 years.

We define a tennis player as the sum of his genetic qualities plus his ability to work. At WGTA we are looking for WARRIORS who want to exploit their qualities to the fullest.

At WGTA we understand that your qualities can lead you to be a good player but only your mental strength will lead you to be the best player you can be. At our Academy we are aware of the importance of this training and we perform it both on the court in each session and in specific sessions outside of it.

The philosophy of training at WGTA is based on planning, training and development of each player based on the below :

- Objectives
- Technical Aspects
- Tactical Aspects
- Physical Aspects
- Mental Aspects
- Competition Considerations
- Behaviour and Disciplinary Regime

CORE TEAM

WALTER GRÜNFELD:

President Walter Tennis Dreams and Owner, CEO Barcelona Sports Camps (BSC) and Barcelona Sports Tourism (BST) and General Manager Worldwide projects WGTA / BSC / BST.

TOMY ARIAS:

Tennis Director Programs and Head Coach at Walter Tennis Dreams and Director of WGTA Coaching Courses.

WALTER GRÜNFELD

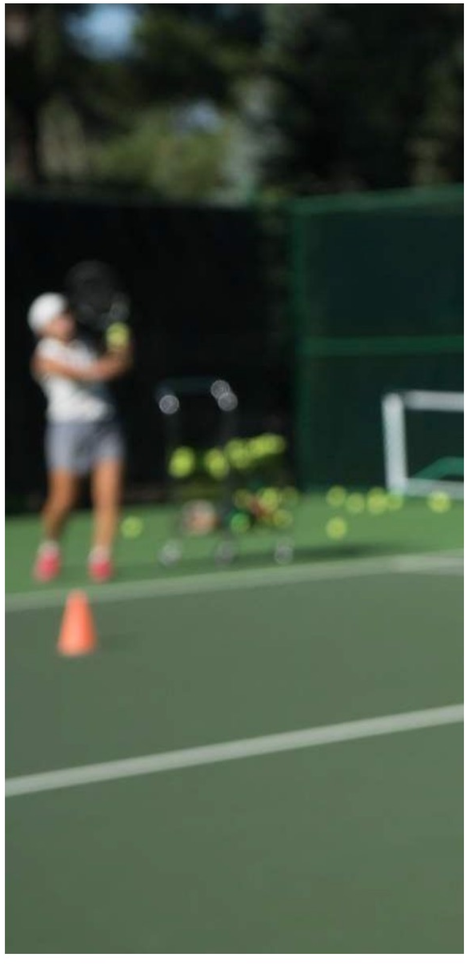
- Walter Grünfeld has been working as a tennis coach since 1990, training junior and professional players, boys and girls.
- 7 years with Bolletieri 1989/1996.
- Tennis director at NBTA Belgium 1993/1996.
- Mental tennis trainer since 1990 specialized by DR James Loher, a – renowned psichologist and tennis coach.
- QUATAR TENNIS OLIMPIC COMITE and DAVIS CUP 2003/2005.
- Walter has worked in different academies, tennis federations, teams, systems and ideas. He also has experience travelling with his own players around the world for tournaments (ITF and ATP/WTA).

TOMY ARIAS

- Tennis Director at Walter Grünfeld Tennis Academy (WGTA) located in Barcelona.
- Creator of the course "Coach WGTA" based on the WGTA System aimed at the training and certification of tennis coaches.
- Coach qualified by the most pretigious national and international organizations in charge of training and certification in the teaching of tennis (RFET, RPT, ERPT, USPTA, USPTR, NB-ICA, ITF).
- Coach ATP for the last 10 years.
- Author of several articles related to tennis and published on reference websites in the tennis sector such as Tennis Industry or Punto de Break and collaborator of Marca and marca.com

TRAINING SCHEDULE

The training scheduale are the same for both full-time players and short-time players. The weekly training program and activities are scheduled as per the plan:



Monday/Tuesday/Thursday/Friday: Double training session with 4 hours of Tennis and 1 hour of physical fitness.

Wednesday / Saturday: 1 session in the morning with 2 hours of tennis and 1 hour of physical fitness. The later part of the day is free for leisure activities or rest.

Sunday: Day off.

- The sessions for short time training programs can start through out the whole year .

- The annual training session runs for 1 week up to 3 months, depending on your wishes.

- Just like our full time players the short time players will train for 32 hours every week and as per their level participate in different local, national and international tournaments.

TRAINING PRICES

The training prices are for short-time players. The price of the program depends on the duration and the size of the group, the prices are listed below.

Individual/ groups of 1 up to 4 players:

· 1 Week 825€
· 2 weeks 750€ each week
· 3 weeks 675€ each week
· 4 weeks 600€ each week
· 2/3 months 550€ each week

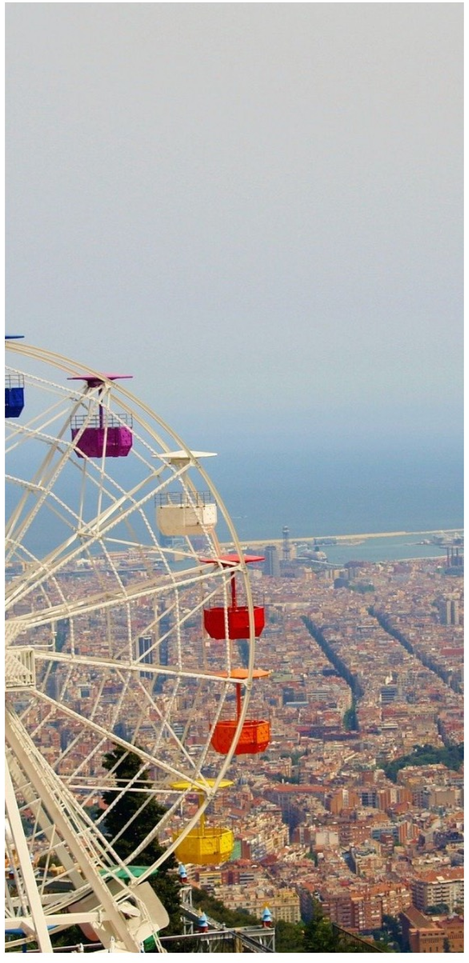
Groups of 5 or more:

1 week / 2-3 months For further details, contact the Walter Grünfeld Tennis Academy. Extended period of training can be customized on requirement.

** In these prices, transfer from and to the airport is not included. If needed, this costs an extra €100.

LEISURE ACTIVITIES (OPTIONAL)

The Walter Grünfeld Tennis Academy has programmed various leisure activities. The players who train at the WGTA can complement their training program with varied recreational experiences, that will make their stay with us unforgettable. The days in which they will take place and the different activities that can be realized are:



Wednesday Afternoon (activity of 4-6 hours):

- Karting plus dinner out
- English Movies plus dinner out
- FCB Museum plus dinner out
- Ice Skating plus dinner outside
- Beach Activities (depends weather)
- Cable Sky (depending on time of the year)

Saturday (all-day activity):

- Port Adventure
- Adventure Sport Day

** Expenses derived from these activities will be paid by the attendant and are not part of the services offered by the WGTA and in the pricing information. Attendees can make use of these activities or the WGTA will offer an alternative program. The complementary activities will have an extra expense that will vary according to the selected activity.

ACCOMODATION AND PRICE

WGTA offers multiple accommodation options (hotel, apartments, family residence, etc.) adapting to the needs or convenience of the individual or the group.

Price:

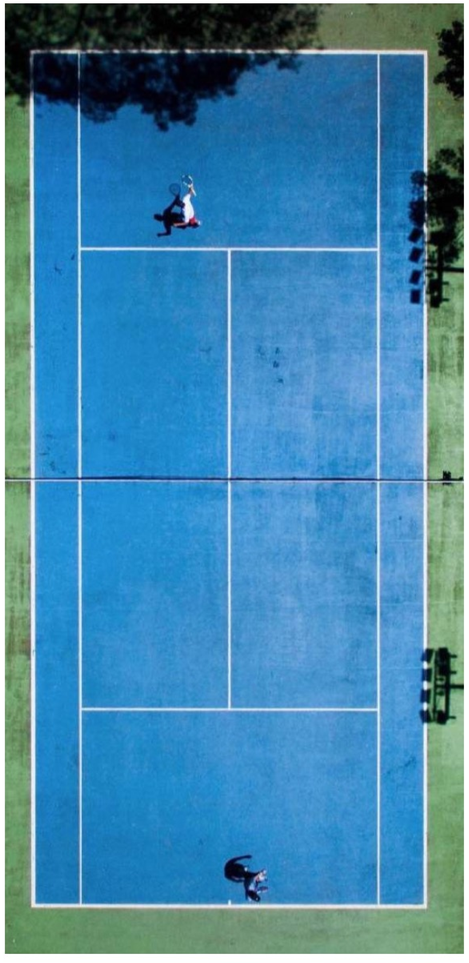
Cost of accommodation, transfer and meals per week is depending on time of the year and kind of lodging.

Location academy:

Most of the time the player will be at our tennis academy. The Walter Grünfeld Tennis Academy is established at Club Tennis Vilafranca. This club offers different type of facilities like the gym that we use for our training program.

TENNIS CAMPS

The Walter Grünfeld Tennis Academy (WGTA) also organizes tennis camps for spanish and foreign children throughout the year. This will give them the opportunity to live a great experience surrounded by their favorite sport in a spectacular setting.



Dates:

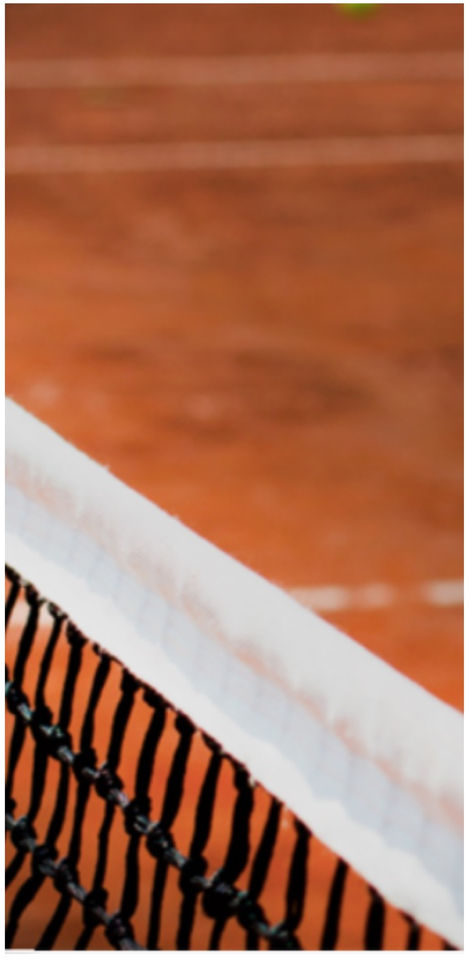
- The Summer Camps will be between 1st May to 31st October
- The Winter Camps will be between the 1st November to 30th April
- The Easter Camps will be 4 weeks in April
- The Christmas Camps will be 4 weeks between December and January

The duration of the Summer and Winter camps can be 1 week up to 3 months, the duration of the Easter and Christmas camps can be 1 week up to 4 weeks depending on your wishes.

All the information provided in the powerpoint about the short-time player program also applies to the tennis camps.

CONTACT INFORMATION

If you are interested in our program, if you want to become the best tennis player that you can be or if you have any questions please contact us, you can send us an email or you can call us. We will contact you as soon as possible!



Email: info@wgrunfeldacademy.com

Phone: (+34) 687 122 111

Adress: Camí de Can Lleó 08796
Pacs del Penedès, Barcelona Spain
10am-8pm PST M-Th; 10am-3pm PST Fri

Website: https://wgrunfeldacademy.com

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