# PRESENTATION OF DAYS TRAINING WGTA.







WALTER GRÜNFELD.
Executive Tennis Director at WGTA.

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#### WALTER GRÜNFELD.

- Walter Grünfeld has been working as a tennis coach since 1990, training junior and professional players, boys and girls.
- 7 years with Bolletieri 1989/1996.
- Tennis director at NBTA Belgium 1993/1996.
- Mental tennis trainer since 1990 specialized by DR James Loher, a – renowned psichologist and tennis coach.
- QATAR TENNIS OLIMPIC COMITE and DAVIS CUP 2003/2005.
- Walter has worked in different academies, tennis federations, teams, systems and ideas. He also has experience travelling with his own players around the world for tournaments (ITF and ATP/WTA).







TOMY ARIAS
Tennis Director at WGTA.
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#### TOMY ARIAS(1).

- Tennis Director at Walter Grünfeld Tennis Academy (WGTA) located in Barcelona.
- Creator of the course "Coach WGTA" based on the WGTA System aimed at the training and certification of tennis coaches.
- Coach qualified by the most prestigious national and international organizations in charge of training and certification in the teaching of tennis (RFET, RPT, ERPT, USPTA, USPTR, NB-ICA, ITF).
- More than 30 years of experience in the world of tennis occupying different functions throughout his professional career.



#### TOMY ARIAS(2).

- Coach ATP for the last 10 years.
- Author of several articles related to tennis and published on reference websites in the tennis sector such as Tennis Industry or Punto de Break and collaborator of Marca and marca.com
- Collaborator as a technical commentator for Canal + and Sportmanía for the Wimbledon 2015 tournament.
- Collaborator of Kirolene, official center of sports education dependent on the Basque Government, teaching from WGTA the system "WGTA System" as a continuous training program specialized in tennis.



#### TOMY ARIAS(3).

- Advisor responsible for the tennis area of the company Baigene, leading company in the field of genetics and new technologies focused on sports performance.
- He has given numerous lectures and refresher days for professionals teaching tennis throughout the country. He is currently in the expansion phase with contact for courses in Europe and Latin America.



#### WGTA SYSTEM(1).

- Training method adjusted to the concepts and reality of today's tennis.
- Program and continuous training aimed for players, coaches, parents, federations and clubs.
- Introduces multidisciplinary aspects necessary for the coach to achieve their highest performance when carrying out their work.



#### WGTA SYSTEM(2).

- 11 training modules:
- Technique.
- Tactics.
- Physical training.
- Mental training
- Professionalism and Organization of Coaching.
- Evolution of the player.



#### WGTA SYSTEM(3).

- Work of the Coach.
- Materials and Technology
- Tennis history.
- Organization and Management of tennis schools (business aspects).
- Organization and Management of tennis schools (sports aspects).



Practice Case WGTA.

#### WGTA SYSTEM(4).

- 6 batteries of practical exercises:
- Tecnical exercises and correction of errors.
- Exercises for technical-tactical training.
- Exercises to work the mental aspect.
- Warm-up and pre-competition exercises.
- Launch of balls with variability and placement of the coach.
- Improvement of the use of time and learning in tennis lessons.



## DYNAMICS OF THE DAYS (1).

- They are Presential Days of Training and Updating for teaching professionals.
- They are performed well in the WGTA facilities located in Barcelona or the WGTA team moves to the place where these conferences will take place.
- The days have different durations depending on the needs and vary between 1 day and 5 days.



### DYNAMICS OF THE DAYS (2).

- The content of the conference will be based on the training modules that make up the WGTA SYSTEM and will be adapted in each case to the demands, both content and duration, of the organization that contracts our services.
- WGTA will provide each student with the work folder with everything necessary to develop and follow the days properly.



### DYNAMICS OF THE DAYS (3).

- After the end of the conference each student will receive via mail, the Power Points used by the WGTA team to carry out the conference.
- Each student will also receive the WGTA ASSISTANCE DIPLOMA that certifies the completion of the conference.
- At the end of the days, the student has the possibility of doing hours of practice in our WGTA facilities in Barcelona.



### PRICE AND METHOD OF PAYMENT(1).

- The price of the days is as follows:
- Days of 1 day (6h): 650 €.
- Days of 3 days (14h): € 1400
- Days of 5 days (30h): € 2350.
- In the event that the WGTA team has to move, the organizing person or entity must bear the expenses derived from the travel, stay and maintenance of the WGTA team members.



### PRICE AND METHOD OF PAYMENT(2).

- Payments must be paid by bank transfer indicating DAYS, NAME AND SURNAME of the student. The expenses derived from the transfer will be assumed by the student.
- Included in this price are the work folder, the power points used, the batteries of practical exercises and the WGTA diploma.



### INFORMATION AND REGISTRATION.

- For more information or to register for the course, it can be done through:
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- info@wgrunfeldacademy.com
- +34 647 51 34 53 (Tomy Arias).
- +34 687 12 21 11 (Walter Grünfeld).





